**Student Checklist for Success**

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| **Early Course Preparation**  **(Before/Beginning of Course)** | **Course Preparation**  **(Daily Priorities; During Course)** |
| ***As as student, I will work to:***   * Go over Course Outline(s) * Skim Textbook(s)and identify interesting topics * Skim Textbook Glossary (at the back); make flash cards for new terms * Surf Internet for videos, Wikipedia info, and other interesting sites related to topics in course; bookmark, highlight, tag with a stickie * Stay in contact with teacher regularly; note tutorial times * Set-up study groups with other classmates to complete assignments (rotate between homes; keep it interesting/challenging * Set –up time commitments and priorities for the semester * Work to attend classes regularly and complete assignments in a timely manner | ***As as student, I will work to:***   * Set-up a consistent study routine; time and location (not the bedroom, but dining room, office, area where other people are around!) * Go over Unit Outline(s) * Skim Chapters in Textbook * Skim Unit Reviews in Textbook * Work on homework assignments regularly * Teach, tutor, work with other people to explain material * Access PowerSchool to keep track of progress * Come for help/ask question in class to check for understanding and misconceptions of concepts * Discuss concerns/issues regularly with teacher, classmates, tutor, and parents * Communicate, make an effort, and maintain a positive attitude! THIS IS HUGE! |
| **Exam/Quiz Preparation**  **(at least one Week Before Exams/Quizzes)** | **Concept Review Preparation**  **(Day Before/Day Of/Day After Exam/Quiz)** |
| ***As as student, I will work to:***   * Review material that is more difficult first! * Spend less time on easy concepts * Check over assignments and discuss any issues earlier rather than later (highlight/star concepts) * Practice card sort activities and make review notes, make corrections on assignments and previous homework quizzes * Rank concepts from hardest to easiest; study in that order! * Write/predict questions that may show up on exams and quizzes, make the answer key, and have your teacher provide feedback on your work and effort | ***As as student, I will work to:***   * Go to bed earlier * Shut down phone/computer use earlier * Eat a good breakfast, pack small snacks, and lunch for the day to keep energy level up * Make small notes for yourself for concepts that are more difficult to prioritize future studying during exam * Discuss concerns with teacher after the exam; make notes to yourself and teacher and discuss at a later time * Go over exam to prioritize concepts and clarify misconceptions * Prioritize time! |

**Take a Break from Studying in Some of These Ways:**

* Exercise 15-30 minutes or more each day if possible; take your dog for a walk
* Take a 10-15 minute cat nap…not too long!
* Spend some time with friends
* Find and work at a part-time job (10-15 hours/week is plenty), volunteer in the community (eg. shelter, library, school)
* Have a snack, eat lunch, eat supper, take a washroom break
* Disconnect from technology and enjoy being with your own thoughts. Innovation and ideas come when we allow our mind to wander!
* Do your designated chores or do something in the home without being asked ; vacuum, sweep, clean the bathroom, put away dishes, cut the grass; vacuum, sweep, clean the bathroom, put away dishes, iron or wash clothes
* Bake a cake or cookies, play a video game, go skiing, watch a TV show, hockey game, go to a play or live music concert, or movie (limit your time)
* Learn to do something new each day; juggle, knit, crochet, draw/sketch, build a snowman ☺